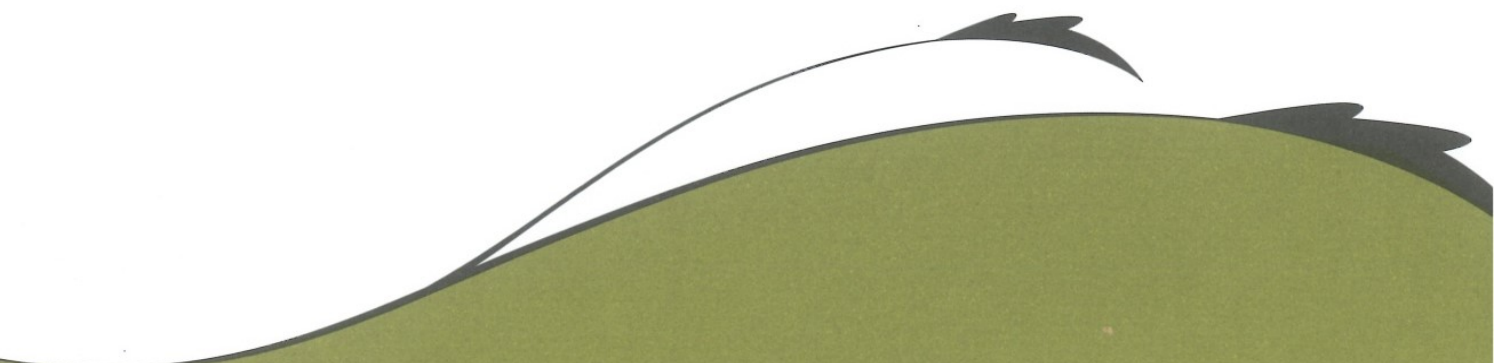


SEASONS
RESTAURANT



Welcome to
SEASONS



SALADS

Chicken Caesar	8.95
Flaked Roast Salmon Salad	8.95
<i>Served with a Sweet Chilli or Mango & Lime Dressing</i>	

ALL DAY BREAKFAST

Bacon, Sausage, Egg, Tomato, Potato Bread & Soda Bread	7.95
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OMELETTE

3 Egg Omelette	5.50
Add fillings – Cheese, Ham, Mushroom, Tomato, Onion, Bacon	0.80 each
<i>Add Side Salad - 1.50</i>	

PANCAKE DUO

2 Home-made Pancakes served with 2 Slices of Bacon & Maple Syrup	5.95
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SMOKED SALMON

Smoked Salmon with Scrambled Eggs & Wheaten	7.95
Smoked Salmon Bagel served with Cream Cheese	6.95
Smoked Salmon Eggs Benedict	7.95
<i>Poached Eggs served with Hollandaise Sauce on English Muffins</i>	

OPEN SANDWICH

<i>Served on Wheaten Bread with a Selection of Home-made Salads</i>	
Prawns in a Marie Rose Sauce	8.75
Tuna, Mayo & Spring Onion	8.50
Coronation Chicken	8.50

PANINI <i>Served with a Garnish of Home-made Salads</i>	6.95
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Cheese, Tomato & Pesto
 Ham, Cheese & Sweet Chilli Sauce
 Chicken, Tomato & Mayonnaise
 Chicken, Cheese & Sweet Chilli Sauce
 Tuna, Cheese & Spring Onion
 Chicken: Tikka, Cajun or Coronation

TOASTED TORTILLA WRAP <i>Served with a Garnish of Home-made Salads</i>	6.95
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Cheese, Tomato & Pesto
 Ham, Cheese & Sweet Chilli Sauce
 Chicken, Tomato & Mayonnaise
 Chicken, Cheese & Sweet Chilli Sauce
 Tuna, Cheese & Spring Onion
 Chicken: Tikka, Cajun or Coronation



SEASONS RESTAURANT

Thursday 21st February

SOUP *Served with Crusty Bread or Wheaten Bread*

Mushroom (V) (GF)	5.50
Tomato (V) (GF)	5.50
Seasons Seafood Chowder	7.25

Toasted Chicken Caesar Wrap 7.95

Chicken, Crispy Bacon, Gem Lettuce, Caesar Dressing & Parmesan

Ham, Brie, Rocket & Onion Marmalade Panini or Wrap 7.95

Served with a Garnish of Home-made Salads

GRILLED CLUB SANDWICH *Served with a Garnish of Home-made Salads* 7.50

Filled with Chicken & Bacon, with Juicy Ripe Tomatoes & Crisp Lettuce

Available on White, Brown or Granary Bread

Vegetarian Ciabatta Melt (V)

Served with Ballymaloe Tomato Relish & Pesto 7.50

Steak Sub 9.25

With Pepper Sauce, Mushrooms, Onions, a Garnish of Home-made Salads
& a Mini Basket of Chips

BURGERS

Cajun Chicken Fillet Burger 9.25

Served with Melted Cheese, Lettuce, Tomato & Red Onion & a Mini Basket of Chips

Gourmet Beef Burger

Served with Lettuce, Tomato, Red Onion & Mayo with a Mini Basket of Chips 9.25

Extra Burger Toppings 0.85: Cheese, Fried Egg, Bacon, Peppercorn Sauce, Sweet Chilli

EXTRA SIDES 2.95

Chips / Selection of Home-made Salads

MAIN COURSE CHOICES - Served at the counter by our chef (12pm-2pm)

Curried Chicken & Broccoli Bake 9.25

Honey Roast Gammon & Parsley Sauce 9.95

Fillet of Irish Salmon with Hollandaise Sauce 12.95

Roast Vegetable & Cheddar Cheese Tartlet 8.25

All of the main courses are served with rice or potato option & include freshly prepared salads and freshly cooked selection of bread

HOME-MADE DESSERTS 4.50

Raspberry & Almond Torte

Pavlova with Fresh Fruit

Caramel Cheesecake



SEASONS RESTAURANT

DRINKS

Coffee

Americano	2.35
Cappuccino	2.70
Café Latte	2.70
Mocha	2.70
Espresso	1.70
Double Espresso	1.90
Filter Coffee	2.00

Tea

Regular Tea	2.00
Herbal Teas	2.00

Other Hot Drinks

Steamer	1.80
Hot Chocolate (with marshmallows & flake)	2.70
Add cream	0.30

Wine

Merlot / Shiraz	4.95
Sauvignon Blanc / Pinot Grigio / Chardonnay	4.95
Zinfandel	4.95

Cold Drinks

Milk	1.50
Still / Sparkling Water	1.90
Coke, Diet Coke, Coke Zero, Sprite	2.30
Britvic 55 – Apple	2.30
Club Lemon	1.95
Club Orange	1.95
Pepsi, Diet Pepsi, 7Up, 7Up Free	1.95
Britvic 100% Pure Apple Juice	2.20
Britvic 100% Pure Orange Juice	2.20
Robinson's Fruit Shoot – Orange / Apple & Blackcurrant	1.60

Bottled Beer

Heineken / Peroni	3.75
West Coast Cooler Original or Rosé	3.95

Tap water available at the counter – please help yourself.